

# SOUTHERN COLLEGIATE ATHLETIC CONFERENCE SWIMMING AND DIVING CHAMPIONSHIPS

February 13 to 16, 2008

Hosted by Trinity University, Southwestern University, Austin College,  
and Carroll ISD Aquatic Center

**LOCATION:** CISD Aquatic Center, 1501 W. Southlake Blvd., Southlake, TX.

Phone – (817)949-8200.

**Directions Link -**

<http://local.google.com/maps?q=1501+W+Southlake+Blvd,+Southlake,+TX+76092&spn=0.029602,0.055686&hl=en>

## **PARKING:**

**TEAM TRANSPORTATION:** For Wednesday, Thursday and Friday during the school day, we are asking Buses and Vans to park in the back of the Southlake Boulevard Presbyterian Church. The church is located directly across the street of the High School. For Finals (after 3:30 pm) and Saturday, please park in the lot behind the High School. Please do not arrive at the High School before 8 AM.

**SPECTATOR PARKING:** For Wednesday, Thursday, and Friday during the school day (7:30 am to 3:30 PM), please park in the Southridge Lakes Neighborhood Clubhouse lot. This parking lot is located on the corner of Southlake Boulevard (FM 1709) and Southridge Boulevard. There is a light where people can cross and walk to the pool. Spectators can also park in the school lots except for parking spots that are painted. Those are saved for Teachers and students who pay extra for parking spots. For Saturday and Finals, Spectators can park anywhere in the school parking lot.

**POOL:** Competition pool is an 8 Lane 50 meter pool with non-turbulent lane lines. Pool will be set-up with a diving area, an 8 Lane 25 yard course, and 6 25 yard lanes for warm-up and warm-down. 1- and 3- Meter boards are Maxi-flex Durafirm boards.

Meet Director – Bill Christensen

Meet Referee – Dan McAllen

Head Diving Judge – Jack Farris

**Rules** regarding entries, seeding, scoring and conduct of the meet shall be consistent with the NCAA rule book and championship book guidelines and regulations.

**Entry Procedure:** Entries need to be emailed to Adam Cohen ([cohenadam79@yahoo.com](mailto:cohenadam79@yahoo.com)) by Tuesday, February 5<sup>th</sup> at 6 PM CST. Wednesday, February 6<sup>th</sup>, coaches will receive an e-mail confirmation of their entries and will have until 9 PM CST to e-mail back any corrections. Thursday February 7<sup>th</sup>, the final Psych Sheet will be posted and no further corrections will be allowed. Please note that per league policy, all entries must be sent in a Hytek Zip file. All entry times must have been achieved in NCAA competition and the times must have been submitted to the top times list. Please enter the 1650 using 1000 times. Coaches may estimate a time for “B” relays, but “A” relay times must have been achieved in a meet, or an aggregate of flat start times. Please indicate any “C” or “D” relays as exhibition.

### **Conference Rules:**

- 1) Exhibition swimmers must be declared by the scratch deadline on Wednesday, February 12<sup>th</sup> (3:00 pm CT), but cannot advance to the finals or score. Coaches must declare all athletes who are exhibition or non-scoring. If the current allowable limit is 18, then the 19<sup>th</sup> athlete to compete would be declared exhibition. (See operating manual for further clarification).
- 2) The scratch deadline will be enforced. After all scratches have been administered by meet management, the entry sheet for each school will be printed and coaches will be allowed to make any corrections necessary as a result of his/her oversight or meet management's oversight. This list will be distributed Wednesday night at the official coaches meeting.
- 3) Scratch Deadline for 2008 is as follows:

Wednesday's events (diving) – due Tuesday at 3 pm CT

Thursday's events – due Wednesday at 3 pm CT

Friday's events- due 60 minutes after the conclusion of Thursday's preliminaries. Upon arrival for Thursday's finals, the coach will get their official entries for Friday's events and have until the end of the 10-minute break after the 200 freestyle relay to make corrections.

Saturday's events- due 60 minutes after the conclusion of Friday's preliminaries. Same protocol as noted for Friday's events, except 10-minute break comes after 20 medley relay.

- 4) 1000 Freestyle times will be used to seed for the 1650 freestyle
- 5) Coaches may adjust "B" relay times. All times, other than "B" relay teams, must be achieved in a bona fide competition and submitted to the conference office for top-times listing.
- 6) There will one judging panel for diving that will be comprised of five officials and no coaches.
- 7) For diving events, there will be 10 minute break each day after six rounds.
- 8) The top 18 divers will compete and complete their entire dive list.
- 9) Exhibition divers will be prohibited if the competition has more than 18 divers competing.
- 10) If divers must be cut, they will be cut based on the optional list.
- 11) The diving order will start with the optional dive list if this format is used at the NCAA Championship.
- 12) Coaches will use the Hy-Tek Scratch sheet (to be returned to the coach each day) to do scratches.
- 13) The top 18 relays teams will be scored. "A" relay teams will be scored 1-9. "B" relay teams will be scored 10-18. "C" relay teams and below are exhibition only (see conference operating manual for further clarification).
- 14) The 200 Free, 400 Free, 200 Medley, and 400 Medley relays will be swum Prelims/Finals with Prelims being circle seeded. "C" relays will be seeded after "A" and

“B” relays. The evening heats will be 1) Finals – the top 7 “A” relays. 2) the “B” heat will consist of the eighth and ninth place “A” relay from prelims, and the fastest 6 “B” relays. If more than 16 relays advance to the finals, a third heat will consist of the three slowest “B” relays from the prelim heats. The 800 Free Relay will be swim as timed finals with the “B” heats being swum 15 minutes after the conclusion of the Preliminary session on Friday. The slowest seeded “A” relay will also swim in the morning heats of the 800 Free Relay. Please remember that “A” relay seed times must have either been accomplished in a bona fide competition, or an aggregate of flat start times.

### **Meet Committee**

The meet committee will consist of the head meet official and the head coach (who will serve as chair) from last year’s championship. Two additional head coaches will be named immediately prior to the competition on the first day of the meet, one who will serve as an alternate when one of the committee coaches is directly involved with a decision. All protests must be no later than 15 minutes following the last participant to finish an event and a majority vote from the committee will rule.

### **Coaches Meeting**

The Pre-Championship coaches meeting will be held at 6:30 pm CT on Wednesday, February 13<sup>th</sup>.

Coach’s meetings will be held approximately 30 minutes before the start of each session (preliminaries and finals) throughout the championship.

**Awards/Scoring** – see conference manual for procedures.

SCHEDULE:

**Day One - Wednesday, February 13<sup>th</sup> -**

Team Warm-ups 9 to 11 am –  
11 am to 1 pm  
1 pm to 3 pm  
3 pm to 5 pm

(warm-ups – during diving event?)

Event #

37 Men's 1 Meter Diving 6:00 warm-ups, Meet Start 8:00 pm

**Day Two – Thursday, February 13<sup>th</sup>**

Prelim Warm-ups – 8:15 am to 10:00 am, Meet start at 10:00 am

Event #

1 and 2 200 Free Relay 10 Minute Break  
3 and 4 500 Freestyle  
5 and 6 200 I.M.  
7 and 8 50 Freestyle 20 Minute Break  
9 and 10 400 Medley Relay  
38 Women's 3 Meter Diving 1:30 pm Start

Final Warm-ups - 4:30 to 6:00 pm Finals start at 6:00 pm

Men's 1-Meter and Women's 3 Meter Diving Awards

Event #

1 and 2 200 Freestyle  
Women's and Men's 200 Free Relay Awards  
(10 Minute Break)  
3 and 4 500 Freestyle  
Women's and Men's 500 Freestyle Awards  
5 and 6 200 Individual Medley  
Women's and Men's 200 Individual Medley Awards  
7 and 8 50 Freestyle  
Women's and Men's 50 Freestyle Awards  
(20 Minute Break)  
9 and 10 400 Medley Relay  
Women's and Men's 400 Medley Relays Awards

**Day Three – Friday, February 14<sup>th</sup>**

Prelim Warm-ups – 8:15 am to 10:00 am, Meet start at 10:00 am

Event #

11 and 12 200 Medley Relay 10 Minute Break  
13 and 14 400 Individual Medley  
15 and 16 100 Butterfly  
17 and 18 200 Freestyle  
19 and 20 100 Breaststroke  
21 and 22 100 Backstroke 20 Minute Break  
23 and 24 800 Freestyle Relay

39 Men's 3 Meter Diving 1:30 pm Start

Final Warm-ups - 4:30 to 6:00 pm Finals start at 6:00 pm

	Men's 3-Meter Diving Awards
<u>Event #</u>	
11 and 12	200 Medley Relay Women's and Men's 200 Medley Relay Awards 10 Minute Break
13 and 14	400 Individual Medley Women's and Men's 400 Individual Awards
15 and 16	100 Butterfly Women's and Men's 100 Butterfly Awards
17 and 18	200 Freestyle Women's and Men's 200 Freestyle Awards
19 and 20	100 Breaststroke Women's and Men's 100 Breaststroke Awards
21 and 22	100 Backstroke Women's and Men's 100 Backstroke Awards
23 and 24	800 Freestyle Relay Women's and Men's 800 Freestyle Relay Awards

**Day Four – Saturday, February 15<sup>th</sup>**

Prelim Warm-ups – 8:15 am to 10:00 am, Meet start at 10:00 am

<u>Event #</u>	
27 and 28	200 Backstroke
29 and 30	100 Freestyle
31 and 32	200 Breaststroke
33 and 34	200 Butterfly 20 Minute Break
35 and 36	400 Freestyle Relay
25 and 26	1650 Freestyle [all but last heat, alternating women's and men's heats from slowest to fastest and completed by 4:45 pm. Beginning time is to be determined after scratches have been made. Approximate time will be 3:30 p.m.]
40	Women's 1 Meter Diving 1:30 pm Start

Final Warm-ups - 4:45 to 5:40 pm Finals start at 5:40 pm

	Senior Recognition / National Anthem
	Women's 1-Meter Diving Awards
<u>Event #</u>	
25 and 26	1650 Freestyle [last heat of timed final] Women's and Men's 1650 Freestyle Awards 10 Minute Break
27 and 28	200 Backstroke Women's and Men's 200 Backstroke Awards
29 and 30	100 Freestyle Women's and Men's 100 Freestyle Awards
31 and 32	200 Breaststroke Women's and Men's 200 Breaststroke Awards
33 and 34	200 Butterfly Women's and Men's 200 Butterfly Awards

35 and 36      400 Freestyle Relay  
                    Women's and Men's 400 Freestyle Awards

Women's and Men's High Point Divers-of-the-Year  
Women's and Men's High Point Swimmers-of-the-Year  
Women's and Men's Coaching Staffs-of-the-Year  
Women's Final Team Standings / Team Champion  
Men's Final Team Standings / Team Champion

LIABILITY: It is understood and agreed that Trinity University, Southwestern University, Austin College., all meet officials, and Carroll Independent School District shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. Damage to a facility, when proved, will cause the offending swimmer, or the offending swimmer's team to be held accountable for repairs.

## Carroll ISD Aquatics Center

### Rules, Regulations, Prohibitions, and Deck Access

- District personnel are empowered to enforce any and all regulations that have been established by District Board of Trustees Minutes and/or Natatorium Policies.
- Folding Chairs are not allowed in the Spectator area. The walkway must stay clear at all times.
- During USA Swimming meets, spectators are required to remain in the spectator area located upstairs. Spectators on deck during competition is not permitted.
- Each competing team is permitted one temporary banner, placed at the discretion of the Aquatics Director. No other banners, posters, or other decorations are permitted.
- Glass containers of any sort and chewing gum are not permitted anywhere within the Aquatic Center.
- Spectators **may not** bring food and/or drink into the Aquatics Center from outside sources. Athletes **ARE** permitted to bring food and drink on deck.
- The use of tobacco products and the possession or consumption of alcoholic beverages is prohibited everywhere on Carroll ISD School District Property by direction of the Board of Trustees.
- Shaving is not permitted anywhere within the entire Aquatic Complex.
- Artificial noisemakers and laser pointing devices of any sort are not permitted anywhere within the Aquatics Center in accordance with Federation and USA Swimming Rules and District Policies.
- Teams are expected to police their respective areas at the conclusion of the competition.
- Running or any other sort of activity that might be interpreted or described as "horseplay" is prohibited throughout the entire Aquatics Center.
- Only authorized personnel are permitted access to the filter, circulation, and chemistry areas.
- Use of the elevator by unsupervised children who are not physically disabled is prohibited.
- The use of flash cameras at the start of any race is prohibited.

#### **Access to the deck of the Carroll ISD Aquatics Center is restricted to the following:**

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|--|---------------------------|
| ● Athletes from <u>competing</u> teams | ● Administrative support  |
| ● Coaches of <u>competing</u> teams    | ● Facility/District Staff |
| ● Officials working the meet.          |                           |